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SHE MAY HAVE A HIT WITH 'MDNA' {page 16}

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PHILADELPHIA
Wednesday, March 28, 2012

RICARD LARMA/METRO

Without transit cops, SEPTA crime jumps

No serious violence during first week of agency's police force strike But thefts, robberies on city transit system are up, according to stats given to Metro by union

{page 02}

▶ SEPTA rider John Phillips showed off the ease of turnstile jumping yesterday afternoon at City Hall station, adding that "there are no police" around.

Metropolitik

Will decision on Obamacare impact voters?

Supreme Court ruling on health care reform will have wide-ranging effects Could enthusiasm suffer? {page 10}

The spice of life is actually spice

Joy Bauer says sprinkling food with the right stuff may help you live longer {page 18}

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SEPTA strike costly

- Robberies, thefts higher than usual
- Cost to SEPTA is nearly $130,000 a week
- Union says crime is up while SEPTA says nothing out of the ordinary so far
- Springsteen concerts tonight, tomorrow, Phillies games next week add to pressure

RIKARD LARMA/METRO

▶ An unarmed Allied Barton security worker stood watch yesterday afternoon at a downtown station.

Both sides meet today face-to-face

The two sides are scheduled to meet today for their first face-to-face meeting since a brief session with Congressman Bob Brady last Wednesday, a source said.

At issue is still the 50 cent wage increase officers are seeking for certification pay. They claim SEPTA has only offered 15 cents an hour, despite the union making other concessions.

SEPTA said its offer is comparable to the contract for its largest labor group, Transport Workers Union Local 234, which represents city transit operators. METRO/SDL

One week after SEPTA's 219 police officers went on strike, there are mixed reports about the effect it has had on crime.

Members of the Fraternal Order of Transit Police hit the picket line March 21 after nearly a year without a contract. An unofficial report provided by the union shows 13 thefts, six robberies and one aggravated assaulted on the Broad Street Subway and Market-Frankford Elevated line between March 21 and 23. That's compared to 36 thefts, six robberies and no aggravated assaults SEPTA reported for the month of December.

"I suspect that that's in part because no cops are there and there's nobody else watching them," said Anthony Ingargiola, a spokesman for the union. "Police are not underground."

Philadelphia police are patrolling stations and have an increased presence between 2 and 6 p.m., according to SEPTA. The authority also has about 45 nonunion police personnel and has contracted with 40 private security guards.

"You can turnstile jump; there are no police."
JOHN PHILLIPS, A SEPTA RIDER

SEPTA spokeswoman Jerri Williams could not provide crime figures for the three-day period, but said that nothing out of the ordinary has occurred.

"We have nothing out of the ordinary as far as crime on our system during the past week," she said.

Williams also said SEPTA will be prepared for the Bruce Springsteen concerts at the Wells Fargo Center tonight and tomorrow.

"Normally, for a Bruce Springsteen concert that has a more mature crowd we would have approximately four to five officers down there and we plan to have a similar presence. If it needs to be augmented, we can do that as well with Philadelphia police."

SEPTA has spent an estimated $50,000 on police overtime and $78,000 for the private security for the week, Williams said.

SOLOMON D. LEACH
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In the news

Missing park greenery

Thousands of dollars in permit fees for the use of city parks was misappropriated by the Fairmount Park Commission, according to a new audit from the city controller. The report says that between fiscal year 2006 and fiscal year 2009, the commission classified the fees as donations to the Fairmount Park Trust Fund rather than revenues to the city's Treasury, which violates city and state laws. METRO

In the news

Frazier honored

Marvis Frasier, son of the late boxing legend "Smokin" Joe Frazier, received the first-ever Philadelphia Maneto Award on behalf of his father, who died in November. The honor was part of the 117th anniversary of the city flag's creation, which has a motto called Maneto. METRO

Prosecutors in priest abuse case misled parishioners

PHILADELPHIA. Prosecutors introduced documents yesterday showing that Monsignor William Lynn misled concerned parishioners about a priest's leave.

Lynn is on trial for allegedly hiding abuse allegations against priests and transferring them to other parishes. Rev. James Brennan is also on trial for allegedly abusing a boy in 1996. Both have pleaded not guilty. During opening arguments, Lynn's attorney insisted he tried to prevent the abuse. METRO

35 Number of priests on a list Lynn sent to deceased Cardinal Bevilacqua, Lynn's lawyer has said.

▶ Lynn

Man who called 911 in slaying charged by cops

WEST PHILADELPHIA. Police have arrested the 911 caller who said he found the body of Valerie Angeline, 31, on Saturday.

Brandon Timmons, 22, of the 6100 block of Columbia Avenue in Overbrook, is charged with murder, abuse of a corpse and firearms offenses.

Timmons previously said he found Angeline in her first-floor apartment on the 300 block of North 64th Street shortly 8 p.m. She was stabbed multiple times and shot in the head.

There is no word on an exact motive, only that the incident was "domestic" in nature. Timmons is scheduled for a preliminary hearing April 11. METRO/AW

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Tire slash vandals copying each other

Young man arrested Monday for allegedly slashing some residents tires in Northeast Philly But police now believe copycats are still out there still slashing

RICARD LABMA/METRO

▶ More than 80 vehicles like this one in Mayfair have had their tires slashed.

PHILADELPHIA PD

▶ Kramer

Police have arrested a man they say is responsible for at least one rash of tire slashings in Northeast Philadelphia.

Quincy Kramer, 21, of the 3300 block of Englewood Street in Holmesburg, was taken into custody Monday for allegedly puncturing nine tires Thursday night on the 3300 block of Cottman Avenue in Mayfair. Police released surveillance video of that incident Saturday and were tipped off by a viewer.

When investigators searched Kramer's home, they found clothing that matched those worn in the surveillance video and two knives, one of which was determined to be the weapon used in Thursday night's incident, said Capt. Jack McGinnis of Northeast Detectives.

Kramer is charged with criminal mischief and possessing an instrument of crime. He was arraigned yesterday and is being held on $45,000 bail.

But police don't believe he was responsible for all of the 90-plus slashings that have plagued the neighborhood. "We believe he's probably not involved in the Aldean Street stuff," McGinnis said. "We still have a lot of work ahead of us to bring them in."

"There seems to be several copycats," he continued. "It's like any new trend, you put it on the news and people say, 'Oh, this is neat, let's try this."

As far as those damaged Monday night on the 8000 block of Walker Street in Holmesburg, McGinnis said a far more benign culprit was to blame: nails. "That looks like it's all construction debris," he said.

ALEX WIGGLESWORTH
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Recent incidents

- **Nine tires were slashed** on the 1200 block of McKinley Street in Oxford Circle last Saturday.
- **Multiple tires were slashed** on the 4000 block of Aldine Street on March 19, with as many as 50 damaged on that block alone in the past six months.

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Culture. Flag Day

▶Students, soldiers and local leaders yesterday honored the familiar blue-and-yellow flag and paid homage to its slogan, "let brotherly love continue."

RIKARD LARMA/METRO

Philly's 'civic flag' gets honored at MSB

Philadelphia's flag turned 117 years old yesterday, and a ceremony to honor its age was held outside the Municipal Services Building across from City Hall. Officials also gave out the first-ever Maneto Award — in honor of the flag's seal — to Marvis Frazier, in memory of his famous boxing father who died earlier this year. ALEX WIGGLESWORTH

Designer drug bust at airport came from UK

A new designer drug unapproved for sale in the U.S. was intercepted for the first time in Philadelphia at the International Airport, according to a release from U.S. Customs and Border Protection.

The international parcel shipped from the United Kingdom and bound for Hollis Center, Maine, was initially discovered Feb. 23 — but the FDA did not finish testing and confirm its contents until March 14. It contained 63 grams of white, powdery methoxetamine in three zip lock baggies, each labeled "Not for Human Consumption," officials said.

"Experimenting with misbranded synthetic pharmaceuticals can be extremely dangerous, and is a classic case of caveat emptor: buyer beware. There have already been an unacceptable number of reported deaths in our communities from designer drug overdoses," CBP Port Director for the Philadelphia area Allan Martocci said in a release.

▶Methoxetamine

"There have already been an unacceptable number of reported deaths in our communities from designer drug overdoses."
ALLAN MARTOCCI, FEDERAL PORTS OFFICIAL

Methoxetamine, also known as "M-Ket," "Kmax" and "Mexxy," is a synthetic derivative of the animal tranquilizer and recreational drug ketamine, officials said. It is illegal under the Food, Drug and Cosmetic Act, which states a new drug may not be sold in the country without an FDA-approved application.

Methoxetamine was first identified by the European Monitoring Centre for Drugs and Drug Addiction in 2010. The agency identified 72 websites selling the drug as of July 2011, making it the fifth most-frequently identified new "legal high" in the U.K., according to a report released in November. Many of the website vendors offer worldwide delivery, the report said.

ALEX WIGGLESWORTH
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Let the games begin at Xfinity Live!

South Philly entertainment complex opens tonight for Springsteen concert-goers Finished product wows some of those first to see inside

What to know

With a high-end steak joint, a party bar, German-style beer hall and tributes to the Spectrum, the sparkling new complex promises to be overflowing its capacity of 5,000 night after night. Here's some quick things you'll need to know before you go:

- A dress code prohibits profanity on clothing; sleeveless shirts on men; excessively torn clothing; excessively baggy or sagging clothing; full sweat suits and sweatpants; exposed undergarments on men and excessively long clothing.
- Parking is only complimentary on non-event nights and free one hour after the start of the final event of the day.

With his hands on his hips, radio personality Howard Eskin stood just inside the doors of Xfinity Live!, and took it all in.

"Man, it's big," Eskin said.

Tim Tebow's press conference commanded attention on the 32-foot high-definition television in the NBC Sports Arena section as workers below scurried to put finishing touches on South Philadelphia's new playpen.

"This is the first time I've been here when it's 98 percent done," Eskin said. "It looks a little different from when I saw it under construction. It looks bigger.

"If there is a night where people want to come in and watch out-of-town games, you're going to come here before you go to McFadden's or the other Chickie's and Pete's. It's going to take business away from them."

"You might hear Journey's 'Don't Stop Believin' two or three times a night. Lots of Neil Diamond. We want this to be a fun sing-along atmosphere."
ROB JOHNSON, VP OF MARKETING

The game has changed for entertainment around the sports complex. Xfinity Live!, set to open its doors tonight to fans with tickets to the Bruce Springsteen concerts at Wells Fargo Center and on Friday to the public, clearly is a place to be. With a high-end steak joint, a party bar, German-style beer hall and tributes to the Spectrum, the sparkling new complex promises to be overflowing its capacity of 5,000 night after night.

"Lots of cheers, lots of singing," VP of Marketing Rob Johnson said. "You might hear Journey's 'Don't Stop Believin'' two or three times a night. Lots of Neil Diamond. We want this to be a fun sing-along atmosphere."

Even in the winter months, there will be outdoor bars with heaters and even a fire pit. From national musical acts to a bucking mechanical bull, Xfinity Live! has everything imaginable in an entertainment complex while bringing the fans closer to the action.

"They'll feel they're still at the game," Eskin said. "That's the thing that's going to happen because it's right in the middle of everything."

DAVE ISAAC

▶ The 32-foot television dominates the complex's main bar.

DAVE ISAAC/METRO

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Mandela letters and notes go online

JOHANNESBURG. Thousands of letters, photographs and documents relating to former South African President Nelson Mandela went online yesterday in a project aimed at increasing access to the archives that detail his long walk to freedom.

Items including letters Mandela wrote to his family that were smuggled out of prison, his Methodist church membership card from about 80 years ago and hand-written diaries have been digitized and laid out on a website (www.archive.nelsonmandela.org) designed to look like a museum exhibit.

"The one thing that it does immediately is make a much sought-after legacy available to the world," said Achmat Dangor, the chief executive of the Nelson Mandela Foundation.

▶ Mandela

The project, with an initial cost of $3 million, was put together by the Nelson Mandela Centre of Memory and the Google Cultural Institute.

It is a first for Internet giant Google, which has made sure the material is open to all and original copyright-holders keep their rights. Google is planning to use this project as a springboard to bring more content online from other historical figures of the 20th century. **REUTERS**

McCain: 'Huge' scandals ahead for campaigns

Senator slams high court's lifting of campaign finance contributions

The U.S. campaign finance system is so heavily influenced by big-spending interest groups and wealthy individuals that it will take "huge scandals" to change it — and those scandals are looming, Senator John McCain said yesterday.

McCain, speaking at a Reuters forum on money in politics, gave a blistering critique of U.S. Supreme Court justices over a 2010 ruling that lifted limits on political fundraising and spending by corporations, unions and other non-campaign groups by equating their rights to those of individual citizens.

The decision led to the creation of "super PACs," political action committees that have had outsized impacts on state and local political campaigns and are changing the face of the 2012 presidential election by dumping roughly $100 million into ads, most of which have attacked candidates.

"What the Supreme Court did is a combination of arrogance, naivete and stupidity the likes of which I have never seen," said McCain, one of the authors of a now partially overturned law that restricted political spending by corporations and other outside groups.

"I promise you, there will be huge scandals," McCain said, "because there's too much money washing around, too much of it we don't know who's behind it and too much corruption associated with that kind of money. There will be major scandals."

"What we have done is made a contribution limit a joke."
MCCAIN

The Supreme Court's decision in the Citizens United v. the Federal Election Commission case overturned a century of law and, notably, struck down provisions of the 2002 legislation by McCain and Senator Russ Feingold that limited corporations or unions in spending their own funds on independent political advertising. **REUTERS**

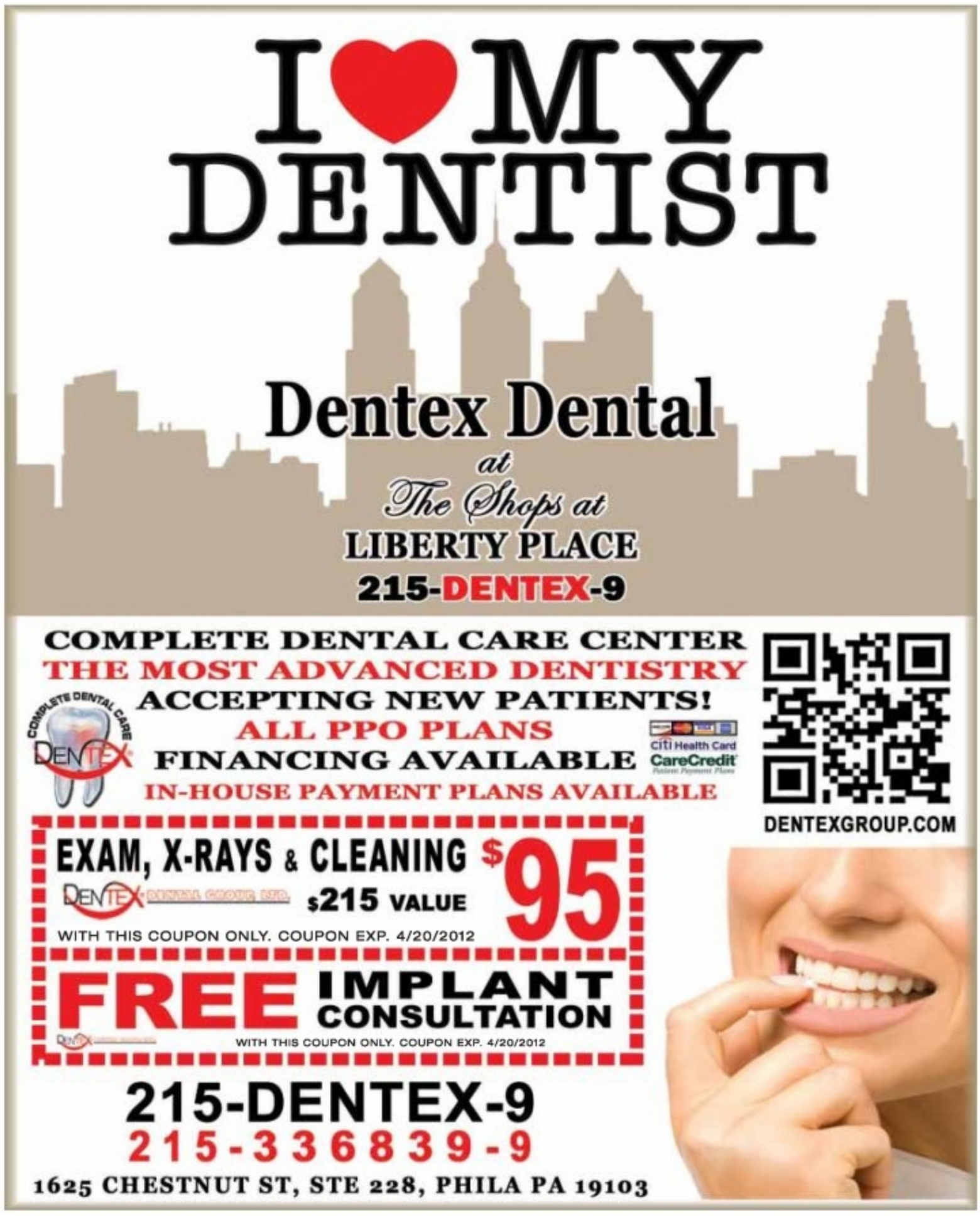
Al Jazeera says it will not broadcast gunman film

PARIS. Qatar-based news network Al Jazeera said yesterday it had decided not to broadcast video footage of three deadly shootings in southern France filmed by an al-Qaeda-inspired gunman using a camera strapped to his body.

"Al Jazeera will not air video of French shootings," the Qatar-based news channel said in a headline on its website.

French President Nicolas Sarkozy had urged television channels to refrain from showing the film, a copy of which Al Jazeera received at its Paris bureau late on Monday on a memory stick mailed last week from Toulouse as police laid siege to gunman Mohamed Merah.

An employee at Al Jazeera's Paris newsroom told Reuters the network had decided there was no information in the footage that was not already in the public domain and that broadcasting it would have breached its code of ethics. **REUTERS**



Supreme court divided on Obama health care plan

GETTY IMAGES

▶ Demonstrators gathered outside the U.S. Supreme Court after yesterday's morning session. The Supreme Court took up the most contentious part of the landmark health care reform.

The U.S. Supreme Court yesterday appeared closely divided along ideological lines over whether Congress had the power to require most people in the United States to buy medical insurance, with conservative justices asking skeptical questions about President Barack Obama's health care law and liberals defending it.

During two dramatic hours of arguments, pivotal justices on the nine-member court suggested they would uphold the so-called individual mandate requiring people to obtain insurance only if they believed they were not giving Congress broad new powers over people's lives.

Chief Justice John Roberts and Justice Anthony Kennedy, two conservatives who could join the four liberal justices to uphold the law, pressed an attorney for the Obama administration to say where the limits would be on federal power if people who opted against insurance were forced to buy coverage. **REUTERS**

Martin parents at hearing into racially driven crimes

GETTY IMAGES

▶ Sybrina Fulton, left, and Tracy Martin are the parents of Trayvon Martin.

The parents of slain Florida teen Trayvon Martin attended a U.S. congressional forum in Washington yesterday that looked at racial profiling and hate crimes.

Yesterday's event underscores how the racially charged case has become increasingly politicized in an election year. President Barack Obama weighed in last week in highly personal terms, saying that if he had a son he would look like Trayvon, a comment widely interpreted as implicit recognition of the case's racial overtones. **REUTERS**

Claims teen suspended, hit bus driver

A leaked school report yesterday claimed Trayvon Martin had been suspended from school three times in the months before he was killed. The teen is said to have skipped school and shown up late. On another occasion, he was suspended from school after a "burglary tool" — a flathead screwdriver — and 12 pieces of women's jewelry that did not belong to him were found on him. A Twitter account, said to be linked to him, also suggested he had attacked a bus driver, according to reports in the Miami Herald.

US may impose new sanctions on Iran

WASHINGTON. The U.S. Senate may soon consider a new package of proposed sanctions targeting Iran's oil revenues, Democratic Majority Leader Harry Reid said yesterday.

The sanctions would focus on foreign banks that handle transactions for Iran's national oil and tanker companies, and they would include a host of measures aimed to close loopholes in existing sanctions.

The sanctions have made it increasingly difficult for Tehran to sell its oil and are aimed at slowing Iran's nuclear program, which Tehran has said is purely for civilian purposes. The West contends the program is for nuclear weapons. **REUTERS**

What Do Deer Antlers Have To Do With It?

Banned by Baseball, prohibited from Olympic competitions, deer antler velvet is skyrocketing in demand by American consumers.

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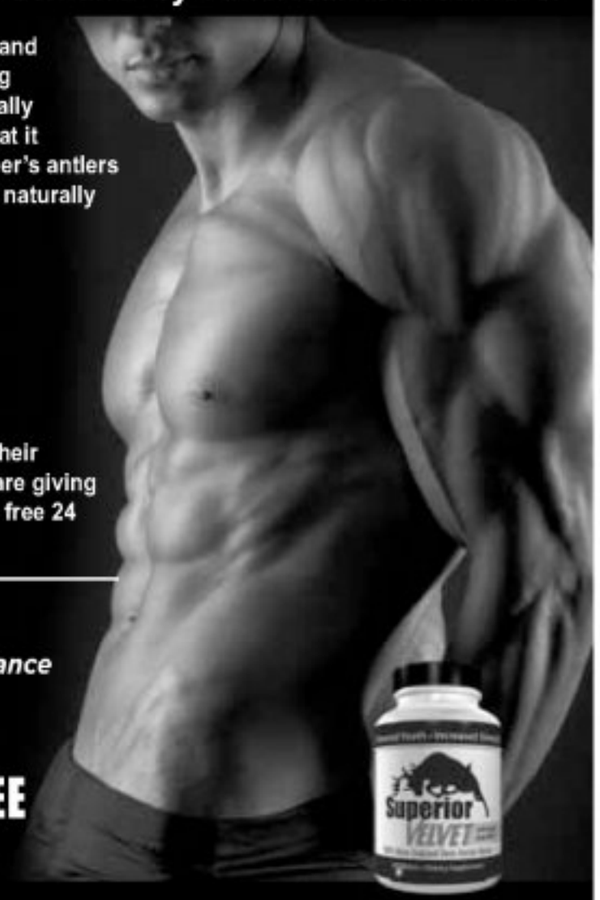

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Will Obamacare verdict sway the Nov. elections?

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Metropolitik

BRAYDEN SIMMS

POLITICAL WORLDLINESS FOR AN IMPOLITE WORLD

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Could the Supreme Court, in deciding the fate of the Obama administration's health care reform law this summer, also be deciding the next president of the United States this fall? The answer may depend on which way the high justices lean.

As anyone who's been paying even minimal attention knows, Obamacare has been hugely polarizing. Conservative politicians, who originally conceived of the individual mandate — the economic foundation of the reform law — have since reversed course, pointing to the policy as evidence of Obama's big-government overreach. At the same time, many Democrat pols, including Obama, have seized on the mandate as a bipartisan solution (one that has become decidedly partisan) despite originally opposing it in favor of more progressive approaches.

Yet despite this ideological flip-flop, most Americans have remained consistent in their opinions. According to the most recent New York Times-CBS poll, 51 percent oppose Obamacare, with 47 percent supporting. Those numbers have held more or less steady over the past three years: Opposition has hovered in the 48 percent to 52 percent range, while support has maintained at just below 50 percent.

It seems that Americans have made up their minds, largely along party lines: Republicans oppose the law, Democrats support it. And nothing the Supreme Court says is going to change that.

However, the decision could have the unintended effect of energizing — or, conversely, de-energizing — the parties' respective bases. If the judges rule in favor of the law, for instance, it could be the extra oomph Republicans need to convince the right-wing of rampant federal tyranny, herding voters into polls this November. If the judges find the law unconstitutional, on the other hand, that may take the wind out of conservative sails.

One thing is certain: Whichever way the court rules, we'll be living with this decision long past November.

TIM SLOAN/AFP/GETTY IMAGES

▶ Do the nine justices of the U.S. Supreme Court have too much power in the political system? Let us know at letters@metro.us

67%

A majority of Americans oppose the individual mandate, according to this week's New York Times-CBS poll.

85% **Interestingly, a more sizable majority favors the new rule banning insurance companies from discriminating based on pre-existing conditions. We wonder what Americans would think if they were more aware that the two measures are inescapably connected: Without the mandate, insurers would necessarily revert to the distasteful practice.**

GET FED

Some pundits were surprised at yesterday's Supreme Court session:

- "It appears that the mandate is in trouble. It is not clear whether it will be struck down, but the questions that the conservative justices posed to [conservative lawyer Paul] Clement were not nearly as pressing as the ones they asked to [Obama lawyer] Solicitor General Verrilli." **TOM GOLDSTEIN, SCOTUS BLOGGER**
- "This was a train wreck for the Obama administration. This law looks like it's going to be struck down." **JEFFREY TOOBIN, LEGAL ANALYST**
- "Impossible to know how much justices were tipping hands. But if tone, substance of q's was indicative, SCOTUS is skeptical of govt case." **JONATHAN COHN, THE NEW REPUBLIC**

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Global use of death penalty increases

Executions across the world rose by 30 percent in 2011 — largely due to a sharp rise in the Middle East, according to Amnesty International's Annual Death Penalty report. However, the number of countries that carried out executions last year dropped to a historic low of 20.

"On one hand, it's gratifying to see the fruits of our long-term campaign against the death penalty," Amnesty's General Secretary Salil Shetty told Metro. "Since 1961, when only nine countries had stopped executions, now there are 178. What's disappointing is that the same set of countries, despite evidence to show the death penalty is not a deterrent, continue with this practice."

These include Iraq, Iran, Saudi Arabia and Yemen, which executed at least 511 people between them in 2011 — a 50 percent increase and a reflection of a year of upheaval in the region. Religion-related offenses such as apostasy figured prominently among the causes for execution.

1,923
The total number of known death sentences handed down in 2011.

China remains the biggest killer. As state executions are kept secret, Amnesty can only be sure that the number is "thousands." Despite the impasse, Salil Shetty is confident that China "cares more about its international reputation" and has dropped 11 of the 50 offenses that can be punishable by death.

The U.S. remains the only industrialized Western country to use the death penalty, the figure of 43 slightly down on 46 from the previous year. Encouragement for Amnesty came through the abolition of execution in the state of Illinois, and the prospect of imminent abolitions in California and Connecticut.

"State by state, it's changing," said Richard Dieter, executive director of the U.S. Death Penalty Information Center. "The trend is that juries are reluctant to give the death penalty, and prosecutors don't push for it as much." Dieter acknowledged sticking points in the American South — where 80 percent of U.S. executions take place — but claimed that "in 10 years, the U.S. may be off the list of countries that execute."

KIERON MONKS
METRO WORLD NEWS IN LONDON

Science. Study

▶ The researchers said it was possible that antioxidants in chocolate could have health benefits, such as lowering blood pressure and cholesterol or decreasing body weight.

GETTY IMAGES

Chocolate-lovers weigh less

People who ate chocolate a few times a week or more weighed less than those who rarely indulged, according to a U.S. study involving a thousand people. Researchers said the findings don't prove that adding a candy bar to your daily diet will help you shed pounds. Nor did the total amount of chocolate consumed have an impact. REUTERS

Apple CEO in China to clear up problems

HONG KONG. Apple Inc. Chief Executive Tim Cook has jetted into China for talks with government officials as he seeks to clear up a pile of problems in the firm's biggest growth market, from its contested iPad trademark to treatment of local labor.

Cook is on his first trip to the country since taking over from late co-founder Steve Jobs in August, keeping to a closely guarded agenda that included talks yesterday with Beijing's mayor and a visit to one of Apple's two stores in the capital.

"Tim is in China meeting with government officials. China is very important to us, and we look forward to even greater investment and growth there," said Carolyn Wu, China spokeswoman for the maker of iPhones, iPads and iPods. REUTERS

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THE WORD

Metro's **Dorothy Robinson** shares her take on the world of gossip @dorothyatmetro dorothy.robinson@metro.us

The feed ...

▶ Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Miley Cyrus thinks you need to calm down, Anderson Cooper knows his limits, Kristin Chenoweth could use some good cheer and Conan O'Brien is easily amused.

@MileyCyrus
I'm not engaged. I've worn this same ring on this finger since November! People just wanna find something to talk about! It's a topaz people!

@andersoncooper
I just started running again, but don't think I could do a marathon

@KChenoweth
I wish it was my bday today. I need a present.

@ConanOBrien
Got my oil changed downtown just so I could tweet something that sounded dirty.

Cyrus

In defense of Marilyn Manson?

In yesterday's column, I brought up the news that everyone's favorite '90s goth (besides blood-sucking era **Angelina Jolie**), **Marilyn Manson**, is dating chanteuse **Lana del Rey**. And, perhaps it was shallow of me, but I asked what it was about the creepy rocker that attracted some of Hollywood's most beautiful women (**Rose McGowan**, **Dita Von Teese**, **Evan Rachel Wood** are three of his most famous conquests). Luckily, you wrote in:

▶ "The best I can do is remember that ignorance is a natural part of the human process."

▶ "He's creepy outwardly, I'll grant you and beyond strange. He is also intelligent, well spoken, charming and masculine (despite the makeup and freaky gender-bending BDSM clothing)....He's good at making interesting conversation and accomplished at drawing women in. A fine predator of the male species."

▶ "The answer is so simple that you missed it completely! Ask yourself how **Ric Ocasek** got **Paulina**? The reason you don't get it is that you are not a fan of Marilyn Manson. Your biased view inhibits your clarity."

My view is just curious. I'd like to file this under that weird phenomenon of how once-popular Hollywood men whose careers are currently on a downward slide— see: **Valderrama, Wilmer**; **Culkin, Macaulay** — still get so many successful, hot girlfriends and **George Clooney** gets a former WWE wrestler. Ladies, I'd like a word.

▶ A fine predator of the male species, indeed?

Can she just have her baby already? Please?

How ready is uber-pregnant **Jessica Simpson** to deliver her baby? So ready that she's already talking about her pregnancy in the past tense (ed note: I wish I were writing about it in the past tense; her gestation period feels longer than that of a blue whale's). "I had a great pregnancy," Simpson tells Hello! Magazine. "Eating and not having to worry too much about it has been fun. Taking a break from working out has definitely been fun. But I'm ready for it to be over. I'm ready to have my body back! I feel like I could pop at any second." Fingers crossed!

Simpson

Talking points

Fergie talks babies with Duhamel

After three years of marriage to **Josh Duhamel**, **Fergie** is up for having kids — just not now. "It's not happening yet, I can tell you that definitely," Fergie says, according to Hollyscoop. "But we want to have a family, so that's in the cards, but it's just not this second." The continued wait has to do with the fact that, with a lighter Black Eyed Peas schedule, the singer finally has time to spend with her husband. "Eight years of being on the road, and now I've been off the road, what, five months?" she says. "I'm enjoying this time of just being home for that long a period."

▶ Fergie

Brand removes Perry tattoo

Now we know the marriage is over. **Russell Brand** has reportedly had the tattoo he got to match soon-to-be ex-wife **Katy Perry**'s removed, according to Hollywood Life. Brand and Perry each had the Sanskrit words for "go with the flow" inked on their biceps shortly after their 2010 engagement, but this weekend the British comic hit up Hollywood's Shamrock Tattoo studio to get rid of the words.

▶ Brand

Bobby Brown's DUI arrest

Bobby Brown was pulled over for using his cell phone while behind the wheel in L.A. this week — but ended up getting arrested for driving under the influence, according to TMZ. Brown was held in a Van Nuys, Calif., jail before posting bail. "It's unclear what substance cops believe Brown had been using before he got behind the wheel," a source tells the website. Brown has a previous DUI conviction on his record stemming from a 1996 arrest in Georgia.

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The 'Titanic' (and your week) will go on

1. Drake performed on stage at O2 Arena on Monday in London.

2. Kate Winslet attended the world premiere of "Titanic 3D" at the Royal Albert Hall in London yesterday. It opens here on April 4.

3. Drummer **Chris Gaylor**, guitarist **Nick Wheeler,** vocalist **Tyson Ritter** and guitarist **Mike Kennerty** of The All-American Rejects posed backstage at their record release party for their new album "Kids in the Street" at iam8bit Gallery in Los Angeles on Monday.

4. Matt Lauer and **Giada De Laurentiis** attended De Laurentiis' "Weeknights With Giada" book launch party at the Andaz Hotel in New York City on Monday.

5. Musician **Michael Stipe** and boyfriend **Thomas Dozol** stepped out at the Metropolitan Opera's premiere of Jules Massenet's "Manon" at the Metropolitan Opera House in New York City on Monday.

6. Simon, Jason Lee, Alvin and **Theodore** were all fur and smiles at the "Alvin and the Chipmunks: Chipwrecked" Blu-ray and DVD release party at El Rey Theatre in Los Angeles on Monday.

1: CHRISTIE GOODWIN/REDFERNS VIA GETTY IMAGES
2: DAVE HOGAN/GETTY IMAGES
3: CHELSEA LAUREN/GETTY IMAGES
4: JASON KEMP/GETTY IMAGES
5: NEILSON BARNARD/GETTY IMAGES
6: ALBERTO E. RODRIGUEZ/GETTY IMAGES

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One 'Touch' creates a thousand ripples

KELSEY MCNEAL/FOX

▶ Martin (Kiefer Sutherland, right) tries to communicate with Jake (David Mazouz) on "Touch," which airs Thursdays at 9 p.m. on Fox.

If Kiefer Sutherland wanted to play a role as far away from "24" hero Jack Bauer as possible, he may have found it on the new Fox drama "Touch."

As Martin Bohm, a working-class widower struggling to provide for his son, 11-year-old Jake, Sutherland is all desperation and heart where Bauer was fearless and stoic. "The character was so vastly different, and the tone of the piece was so vastly different, that that was part of [the script's] appeal," Sutherland admits. But pulling a 180 on his résumé wasn't the only draw.

"I had to read it a second time to make sure that all of the things that were affecting me were affecting me on a personal level as opposed to trying to manage a career," he says. "And the second pass had a profound effect on me. Does it happen to also be a nice diversion from '24'? Yes."

Part of what, well, touched the actor was the central relationship between father and son. All of those tender qualities we're not used to seeing the actor portray are heightened when it's revealed that Jake is gifted — he is able to identify the patterns connecting everyone and everything in the world — but he is emotionally challenged, unable speak, and he refuses to let anyone, even his dad, touch him.

"The real driving force for my character is to just simply communicate with his son," Sutherland says. "He wants to have as normal a relationship as he possibly can with his son, which I think every parent can relate to."

As the father of two daughters — and grandfather to two boys — Sutherland says, "I don't think anybody has a child and doesn't want the best for that child and doesn't want to be the best they can possibly be for that child. Martin is never going to have the perfect, idyllic relationship with his son," he explains, "and so there is a circumstance, a kind of weight on both characters where they just will never completely win. And that is something that I am drawn to."

AMBER RAY
amber.ray@metro.us

It's all connected

Jake is able to see the interconnected nature of the world and, with his father's help, makes sure there are no snares in the web that weaves together our lives. It's a premise that gives "Touch" a message of hope.

"This show ... explains that things happen for a reason," Sutherland says. "Very much like the wildebeest that is stung by a bee in the Serengeti and starts a stampede and creates a dust cloud that rises and carries over two continents and starts a storm in the Gulf, there is a cause and effect to everything. And I think, just on a fantastical level, why I chose to do this show, there's something wonderfully comforting about thinking that everything has a purpose and that there is no small moment."

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Remix his style

On paper, this guy should look like a stuffed shirt between the bow tie, corduroys and two-tone derby shoes But it's all in how you wear it, friend

▶ Name: Gregory Laney
Spotted in: London
Occupation: Visual merchandiser

1. **Comme des Garcons Shirt pea coat, $557,** www.my-wardrobe.com
2. **Uniqlo Oxford shirt, $30,** www.uniqlo.com
3. **Reiss Senator slim trousers, $150,** www.reissonline.com
4. **Drake's paisley print bow tie, $145,** www.mrporter.com
5. **H&M leather belt, $18,** www.hm.com
6. **Mark McNairy New Amsterdam saddle shoes, $376,** www.asos.com

RICHARD PECKETT
METRO WORLD NEWS IN LONDON

TV watch list

'Whitney'

COMEDY. Whitney tries to use the ol' "dang, my driver's license is expired" excuse when she and Alex finally head to City Hall to get married. Not buying it, Whit. **Season finale, 8 p.m., NBC**

'Whitechapel'

DRAMA. The odd-couple detective team goes back to digging into the history of East London to find clues that may help solve present-day crimes. **Season premiere, 10 p.m., BBC America**

'Bent'

COMEDY. Contractor Pete tries to remodel more than Alex's home when he suspects her boyfriend is cheating on her. **9 p.m., NBC** AMBER RAY

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myentertainment

'MDNA' is potent stuff

Madonna's 12th album is a hedonistic celebration for the dance floor With intensely personal lyrics and top collaborators, she brings her sound into now

Madonna is a bitch out of order, a bat out of hell and a fish out of water. At least that's what she compares herself to in the song "Gang Bang," off her brand new album, "MDNA." The album officially came out yesterday, though it leaked online late last week. Madge's claim about being broken, angry and alienated is a succinct self-analysis.

It's been four years since her last album of new material, the longest gap of her nearly 30-year career — which would explain the fish-out-of-water feeling.

As far as the bitch out of order and the bat out of hell, her venomous personal lyrics on this album make it difficult to distinguish Madonna, the pop legend, from Madonna, the mortal whose eight-year marriage to director Guy Ritchie ended in a bitter divorce.

"I tried to be a good girl, I tried to be your wife," she sings on "I Don't Give A."

This confessional intimacy makes it difficult to criticize Madonna for imitation, which she does indulge in a bit on "MDNA." To that charge, the material girl is just as much of a smart shopper as she's always been, using the baddest guest stars (including Nicki Minaj and M.I.A.) and the best producers (including Martin Solveig) to bring her sound into now. If she can't define the times, she's certainly not going to be behind them. And really, anybody she's borrowing from wouldn't be making music if it weren't for her. The race-car basslines and Skrillex-style monster breakdown would seem forced if not done properly. But it's Madonna, and even if she is a fish out of water, she can always get into the groove.

PAT HEALY
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Deluxe it up

The deluxe edition clocks in at more than an hour, which can be a little exhausting — but it features perhaps some of the best songs, including an almost punky duet with M.I.A. called "B-Day Song," and the plaintively titled and emotionally raw, "I F—ed Up." Madonna may have not been the one to make an F-bomb acceptable in a pop song (that honor belongs to Cee-Lo, obviously) but she sure as hell can make it her own.

Add it up

The chemical makeup of the deluxe edition of "MDNA":

- Approximate number of times the words "girl" or "girls" are used: **63**
- Approximate number of times the word "bitch" is used: **13**
- Approximate number of songs that are most likely about Guy Ritchie: **6.5**
- Number of previous Madonna hits referenced by title: **3**
- Number of Nicki Minaj guest appearances: **2**
- Number of songs with spoken prayers: **2**
- Number of songs where a banjo is clearly audible: **1**

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Study finds e-mail more popular than social media

▶ More Internet users prefer e-mail to social networks.

Despite efforts to remake it, classic e-mail is beloved

Social media may be getting all the buzz, but e-mail is still a more popular mode of Internet communication, according to a new survey.

Private research firm Ipsos polled 19,216 adults in 24 countries last month and found 85 percent of them used the Internet for e-mail while 62 percent used it for social networking. Keren Gottfried, research manager at Ipsos, says she expected e-mail use to trump that of social media.

"If you think about it, the Internet was first used for sending letters online. It shouldn't be surprising that we're using a digital version of sending a letter," she says. "But the fact that a majority of people are using [the Internet] for social networking is a paradigm shift; there's no equivalent in the offline world."

How people use the Internet varies between countries. In Hungary, 94 percent go online to use e-mail while only 46 percent do so in Saudi Arabia. In Indonesia, 83 percent of people use the Internet for social networking (defined in the study as visiting social networking sites, forums or blogs). Social media use is also high in Argentina (76 percent), Russia (75 percent) and South Africa (73 percent). It's low in Japan (35 percent) and Saudi Arabia (42 percent). The U.S. figure for social media use was about average: 61 percent.

Aside from e-mail and social networking, another primary use of the Internet is for voice over Internet protocols. Overall, VoIP is used by 14 percent of people across the globe, and it trends high in Russia (36 percent), Turkey (32 percent) and India (25 percent).

The primacy of e-mail over social networking comes as Facebook and Google have both attempted to remake e-mail for a new generation. Google's bid was Google Wave, which the company billed as the next evolution of e-mail in 2009. By August 2011, Google pulled the plug on the project after adoption didn't materialize.

Facebook, meanwhile, launched a "modern messaging system" in November 2010 that was designed to replace e-mail for younger consumers who preferred SMS and Facebook to traditional e-mail.

"If you think about it, the Internet was first used for sending letters online. It shouldn't be surprising that we're using a digital version of sending a letter." GOTTFRIED

61%
Percentage of Americans who use the Internet for social media.

TODD WASSERMAN FOR Mashable
The Social Media Guide

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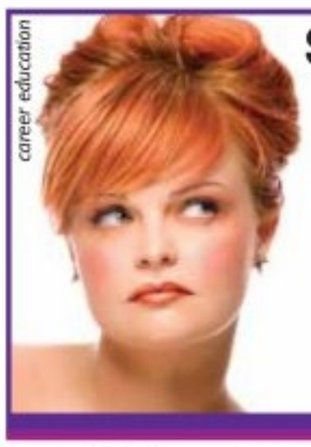

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ZOONAR

The secret healing powers of spices

Joy's healthy bite

JOY BAUER, MS, RD

WWW.JOYBAUER.COM

Spices aren't just flavor-enhancers — they're also incredible health-enhancers. Here are five everyday seasonings that boast medicinal benefits.

Cayenne boosts metabolism and suppresses appetite. Cayenne pepper does more than simply add fire to your food. A Purdue University study found that adding spicy seasonings and condiments like cayenne pepper, fresh and bottled hot peppers or hot sauce to meals suppresses appetite and slightly revs up metabolism. When dieters who weren't used to eating spicy foods enjoyed soup seasoned with cayenne pepper, they ate 60 fewer calories at their next meal. Try sprinkling chopped hot peppers into salads or mixing hot sauce into low-fat mayo or hummus for sandwiches. Add a kick to omelets, low-fat chicken or tuna salad, stir-fries and marinades with minced jalapeno or chipotle peppers.

Turmeric (and curry powder) contains an anti-inflammatory compound that may relieve aches and pains. Looking for a way to ease joint and muscle discomfort caused by arthritis, intense exercise or everyday wear and tear? Try turmeric, a mustard yellow spice from Asia and the main ingredient in yellow curry powder. Scientific studies have shown that a compound in turmeric called curcumin activates the same anti-inflammatory pathways as some arthritis medications. Be sure to check out the recipe for Chicken Curry and Vegetables on my website — it's the ultimate meal for alleviating aches and pains.

Cinnamon improves blood sugar control. Lower your blood sugar by liberally sprinkling cinnamon at mealtime. Studies suggest that adding this cozy spice to food or drinks may slightly blunt the rise in blood sugar that occurs after eating. Try mixing a dose of ground cinnamon into oatmeal, yogurt or cottage cheese. Or use it to flavor apple, pear or peach slices. Cinnamon is also a perfect flavor-enhancer for your morning mug of coffee or tea.

Ginger soothes an upset stomach and alleviates nausea. It isn't just an old wives' tale — ginger has actually been shown to reduce nausea in scientific studies. When your stomach feels off, try nibbling on a few slices of delicious, candied ginger or sipping on a warm cup of calming ginger "tea" (just steep a few slices of fresh ginger root in hot water for five minutes). You can also add a half-teaspoon of ground ginger to fruit smoothies, yogurt or oatmeal.

Scarborough fare

Rosemary has compounds with anti-cancer activity. Rosemary is a wonderful, fragrant herb that is easy to grow and quite versatile when it comes to cooking. It has a woodsy, earthy flavor that's ideal for poultry dishes, roasted vegetables and savory baked goods. Rosemary contains caffeic and rosmarinic acid, two antioxidants that may protect cells from damage by carcinogenic compounds. Take advantage of this cancer-fighting powerhouse!

*— For more foods that can help to prevent, manage and treat common health conditions, follow **Joy Bauer** on Facebook and Twitter (@joybauer) and visit **www.joybauer.com.***

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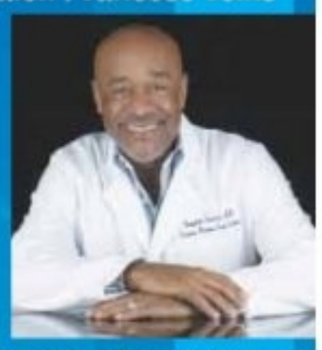

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Letters

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Self-defense doesn't mean killing kids

RE: "WE ARE ALL TRAYVON? MIXED BAG ON CRIME": The real question here is twofold: 1) Why was this shooter so paranoid to have called in more than 50 mostly unwarranted reports of suspicious individuals or activities during the last year? 2) Why have we still not changed our gun laws so that ordinary citizens cannot own guns? If this overly zealous man on the hunt for no-gooders in his neighborhood hadn't had a gun, Trayvon Martin would still be alive.
INGERID WHITE, VIA E-MAIL

If this was about an individual that was in fact in danger and had to shoot the boy in order to defend himself, I'd agree with you. But this is a person who followed the boy. He was looking for trouble and found it. The boy was unarmed. What threat did the boy pose on this big man, wielding a gun? Let's not pretend Zimmerman had no choice but to shoot this kid.
JASMINE MACK, VIA E-MAIL

"It's going to take a lot of time and money to fix what the Republicans have broken."

RE: "CAN'T BLAME GOP FOR EVERYTHING, CAN WE?": Mr. Mannikus complains Obama caused $4 trillion in national debt and, gosh darn it, we should stop blaming good old George W. Bush. Fact: Bush left an unpaid bill of almost $3 trillion for two wars off the nation's budgetary books when he left office. Fact: Bush enacted TARP at the end of his last term, which cost close to a trillion dollars alone. Many of our debt problems do come directly from the GOP. **JD DUCAS, VIA E-MAIL**

Someone please tell Igor Mannikus that Bush didn't put the two wars in the budget. When funding ran out for the wars, the Repubs had an added vote for funding. The Obama administration put the wars into the budget!
ELIZABETH HUDLEY, VIA E-MAIL

Mannikus bemoans that President Obama doubled up the national debt yet isn't blamed for the state of the country. Sadly for him, the historical record is quite clear: Bush's tax cuts for the wealthy, unnecessary wars and bad management of the country's finances were what led us to the brink of ruin. As for the debt having doubled since then, it's going to take a lot of time and money to fix what the Republicans have broken.
JOSEPH CONNELL, VIA E-MAIL

Obama mic gaffe is downright treachery

RE: "OBAMA GUILTY OF BEING A POLITICIAN": I'm not inclined to blame Barack Obama for everything bad that has happened or is happening in the world (like he himself has been doing with respect to George W. Bush almost on a daily basis over the past 3.5 years). But his blunder over the hot mic issue is not a minor slip of a tongue as you're trying to portray. Rather, this is huge. Hinting to a foreign leader that once the election is over our president would change the course, likely to the disadvantage of the United States and our allies, is not just politics as usual. It's downright treachery and he should be impeached for that.
GAROLD MINKIN, VIA E-MAIL

E-mail your letters: **letters@metro.us**

Keep them as brief as possible, preferably under 100 words.
Metro reserves the right to edit all letters.
Please include your name and contact information.

Horoscope

♈ Aries **March 21-April 19.** In order to appease your restlessness, you're going to require a variety of activities and the ability to keep your schedule open. Be as flexible as possible.

♉ Taurus **April 20-May 20.** Although you may need a bevy of activities to satisfy your restless spirit, you should take some time to work on your budget. You'll feel good about yourself if you can trim some of the fat.

♊ Gemini **May 21-June 20.** Your restless and dynamic sides will be very much in evidence, causing a stir wherever you go. Think of it as spreading a little excitement around.

♋ Cancer **June 21-July 22.** Your natural sense of humor and quick tongue are likely to be two of your most effective tools. Used constructively, you can reverse any relationship that is heading for disaster.

♌ Leo **July 23-Aug. 22.** Attend to your duties without making it a no-play kind of day. You're going to need some kind of lighthearted diversion to help refurbish your attitude and outlook on life.

♍ Virgo **Aug. 23-Sept. 22.** By being flexible and prepared to change tactics to meet the needs of the moment, you can turn what would have been an unpleasant episode into one filled with fun and laughter.

♎ Libra **Sept. 23-Oct. 23.** Listen up when wiser heads are speaking. Even if a conversation wasn't meant for your ears, something is likely to be said in your presence that will be well worth remembering.

♏ Scorpio **Oct. 24-Nov. 22.** Before getting yourself involved in some kind of new endeavor, it would be best to go out of your way to examine all the available information and data.

♐ Sagittarius **Nov. 23-Dec. 21.** Your spirit of cooperation will enhance all of the assets you possess as well as your appeal to others. A new partnership arrangement could be a consequence.

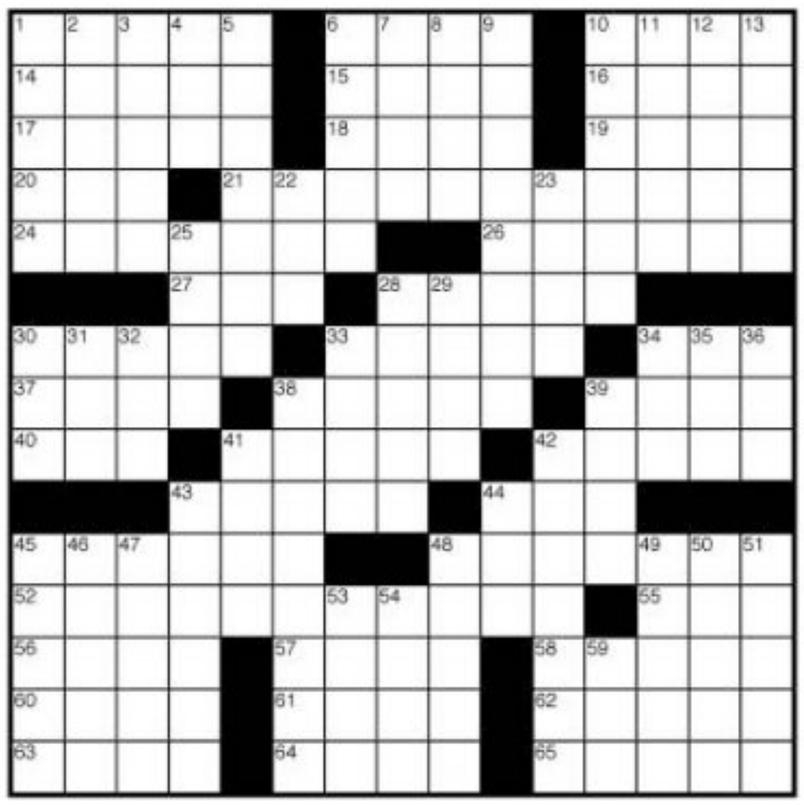
♑ Capricorn **Dec. 22-Jan. 19.** If you desire to be as productive with your time as you can, keep your head and hands as busy as possible. Projects that require both mental and physical dexterity are best.

♒ Aquarius **Jan. 20-Feb. 19.** Instead of participating in the same old things with your friends, experiment with something new. If your pals don't want to take a chance, go off by yourself and join those who do.

♓ Pisces **Feb. 20-March 20.** Your residence could be the magnet that attracts others for a group gathering, so be prepared. Don't be surprised if you have a lot of unexpected, uninvited drop-ins. **BERNICE BEDE OSOL**

Across
1 Fixed-up building
6 Refresh the fern
10 Berlin had one
14 Suspect's need
15 Ersatz butter
16 Prefix for logical
17 Runs in neutral
18 "Alice" waitress
19 Threshold
20 Util. bill
21 Tortilla melts
24 Auditions
26 Calls from the Alps
27 Big green parrot
28 Archaeological sites
30 Goes sky-high
33 Toe woes
34 "C'est la __"
37 Governess in Siam
38 Squeezed dry
39 Volcano fissure
40 Flirtatious
41 Regatta lineup
42 Novelist __ Binchy
43 On-ramp sign
44 Lo- __
45 Gasoline rating
48 Commanded
52 Villain's cry (2 wds.)
55 Curie daughter
56 Parking lot sign
57 Skip past
58 Disney site
60 Fencer's blade
61 Not a single woman
62 Tend the furnace
63 Sack out
64 Hockey goals
65 Less bananas

Down
1 "Nick of Time" singer
2 Chief's adviser
3 Mountainous
4 Honest prez
5 Thick, creamy soups
6 Player's turns
7 Seine aits
8 Vaccines
9 Currying favor
10 Brandishes
11 Discombobulate
12 By the book
13 Wind-borne silt
22 Ms. Hagen
23 Smoke-detector output
25 Green pod
28 AAA suggestion
29 Samovars
30 Kangaroo pouch
31 She loved Lennon
32 Your choice
33 Rugged cliff
34 Plunging neckline
35 Mdse. bill
36 Hot time in Paris
38 Exhausted (2 wds.)
39 Forum farewell
41 Nota __
42 Folly
43 Polo stick
44 Dernier __
45 Volunteer
46 Two-door car
47 Nose cone covering
48 Joyce Carol __
49 Spy mission
50 Draw forth
51 Talk out of
53 Brigitte's friend
54 Freebie
59 Grade-school org.



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SUDOKU **LEVEL: EASY**

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		7			5		1	
	7	4		9		6		1
3				6				
1				5		3	7	9

SUDOKU **LEVEL: HARD**

Solution to yesterday's crossword

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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Chip wreck: Bryzgalov sidelined with fracture

Postgame MRI revealed chip fracture on goaltender's foot • Flyers list him as day-to-day • GM hoping Bryz can return for weekend game • Bobrovsky to start tomorrow in Toronto

The one save Ilya Bryzgalov didn't really have to make hurt the Flyers the most.

As the starting goaltender was leaving the net in warm-ups Monday night, Flyers forward Jakub Voracek took a shot that hit his unsuspecting goalie on the inside of his right foot.

Bryzgalov had X-rays between the end of warm-ups and the start of the game with his skate on and showed no worse for wear. He played the game, making 10 saves on 14 shots, but a postgame MRI revealed a chip fracture in his foot that the Flyers say his body will absorb.

"Ilya wasn't going to play on Thursday anyway," GM Paul Holmgren said yesterday in a conference call. "So we're going to just leave him back and continue to get his treatment. We don't think this is a serious injury. We're hoping that he'll be back on the ice practicing with the idea that he can play on the weekend."

Bryzgalov already played one game with the fracture and, according to Holmgren, "there's no real risk here at all." It's just about pain management and how comfortable Bryzgalov is playing through it.

Apparently, he felt comfortable on Monday night and there was no thought of keeping him out of the lineup.

"Ilya wanted to play," Holmgren said. "To be honest with you, I knew what was going on, I watched the game, and I didn't see any issues. The goals they scored were good goals."

The Flyers were hoping to get Bryzgalov some rest, but this isn't what they had in mind. In the month of March, Bryzgalov was 10-2-1 with four shutouts. Sergei Bobrovsky will get the start tomorrow in Toronto and Phantoms backup Jason Bacashihua will sit on the bench.

ON TV TOMORROW

Flyers at Maple Leafs, 7 p.m. (CSN)

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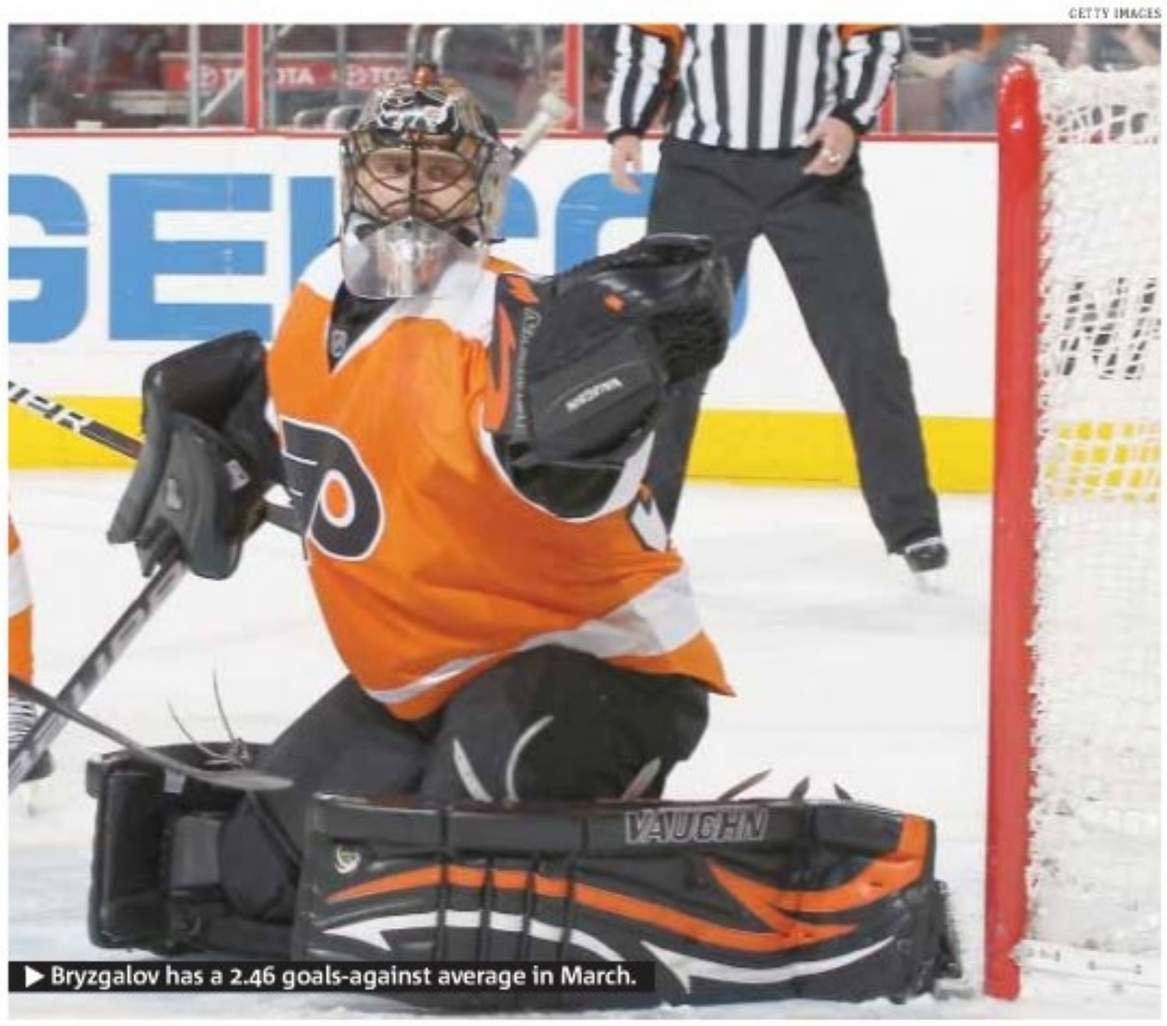

▶ Bryzgalov has a 2.46 goals-against average in March.

Not again

Galvis leaves with foot bruise

Freddy Galvis, the backup plan for Chase Utley, suffered a bruised foot after fouling off a pitch.

The team said the injury wasn't serious and X-rays weren't necessary. Of course, we've all heard this before from the Phils.

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Iverson trying to stop divorce proceedings?

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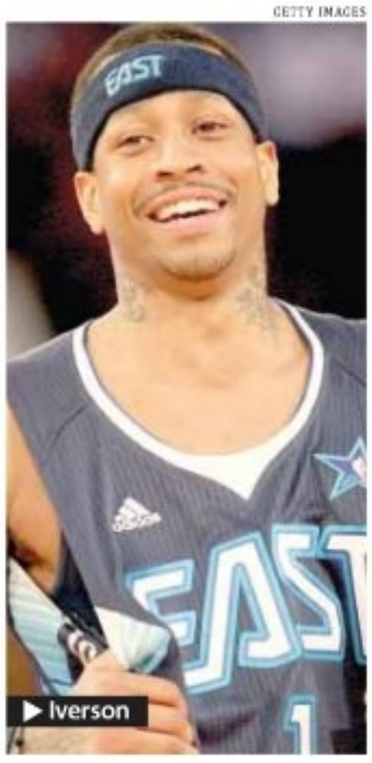
Iverson

Allen Iverson's life has turned into a soap opera, with a new twist and turn every day.

TMZ reported yesterday that the former Sixers star had resumed sexual relations with his wife, Tawanna, who had been filing for divorce. You may recall that she wanted a list of every woman The Answer had ever bumped uglies with.

Now, Iverson is asking the court to throw out those documents, claiming that the on again, off again couple has "resumed their marital relationship, cohabiting, having sexual relations and holding themselves out as husband and wife."

If Iverson's claim is true, then Tawanna's petition would be null and void.

METRO

Award for Flyers boss

Comcast-Spectacor chairman Ed Snider will receive the President's Distinguished Alumnus Award from the University of Maryland.

Snider, a 1955 graduate of Maryland, will be honored on April 14. The award is given to those who have achieved excellence in their field.

Union set to host Aston

The Philadelphia Union will welcome Barclays Premier League club Aston Villa to PPL Park on July 18 at 7:30 p.m.

Aston Villa has won the FA Cup and First Division Championship seven times. Tickets to the match will be included in Union full season ticket packages at no extra cost.

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Philly's favorite son looks to bounce back

Lee left Phillies fans with bad taste ◗ Lefty coughed up a four-run lead in Game 2 of NLDS ◗ Tosses six scoreless innings against Pittsburgh

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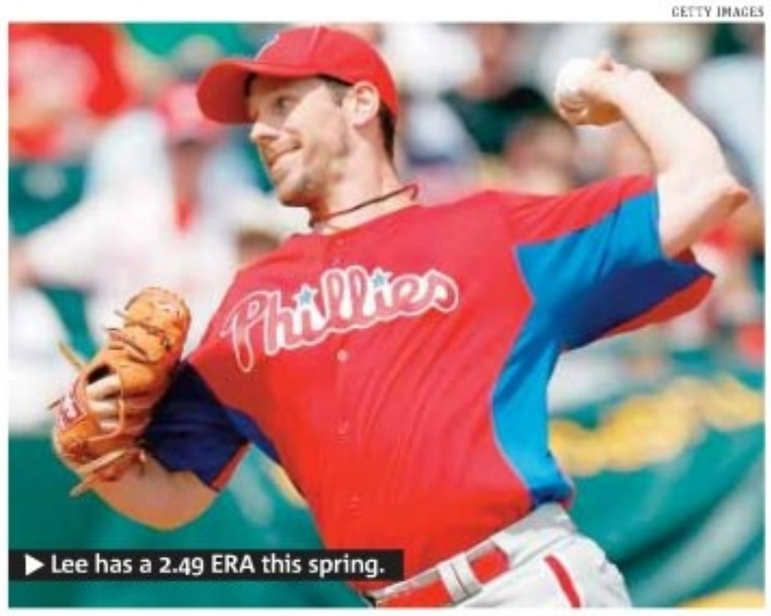

▶ Lee has a 2.49 ERA this spring.

Cliff Lee's highs were stratospheric in 2011. Fans cheered Lee every time he walked out of the dugout or out of his Center City residence.

Lee was NL pitcher of the Month in June and August after posting microscopic numbers (0.21 ERA, 0.69 WHIP in June; 0.45 ERA, 0.78 WHIP in August). Lee was historic in his award-winning months.

If the phrase, you're only good as your last start is valid, then Lee left 2011 with a bad taste in everyone's mouths. Philadelphia's favorite athlete coughed up a four-run lead against St. Louis in Game 2 of the NLDS. If the Phillies held on to that lead, they would have gone up 2-0.

Lee, who was 94-1 in games with a four-run lead, had a long offseason.

"It was tough," Lee said. "I take responsibility for what happened in that game. I wish [that game] had a different result, but it didn't and I'm ready to give it another shot with this team. I'm confident that this will be a great year."

During the winter, Lee relaxed for a few weeks.

"I did some hunting and hung out with the family," Lee said. "But I also worked out a lot. I'm focused on what needs to be done."

Lee expects to have another strong year and nothing less than a championship.

"I always have high expectations for myself," Lee said. "I take pride in wanting the ball, being healthy and grinding it out. I also expect a lot from this team and the fans expect a lot from this team and that makes sense to me when you look at the talent level we have here."

Former Tigers first baseman and current MLB analyst Sean Casey predicts in the current issue of Maxim that Lee will win the NL Cy Young.

"All that kind of stuff [awards] is nice, but it's about winning the World Series," Lee said. "That's what I came here for."

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Phils 5, Pirates 4

Here are the highlights:

- **Cliff Lee (2.49 ERA)** chucked six scoreless frames and doubled before leaving. He allowed three hits, walked one and struck out three.
- **Scott Podsednik**, who subbed for Hunter Pence, hit a walk-off home run in the ninth. He went 2-for-2 and is now batting .362.
- **Jim Thome** started at first base and finished 1-for-2 with a double and run.

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▶ Super Bowl MVP Eli Manning is expected to start in the NFL's 2012 opener.

Giants, Cowboys to open 2012 NFL season in Meadowlands

Two NFC East rivals will kick off the 2012 NFL season. Neither one is the Eagles.

The Super Bowl champion Giants will host the Cowboys on Sept. 5 at 8:30 p.m. The game will be played on a Wednesday night for the first time since 1948. The league pushed the opener back a night to avoid a conflict with a planned speech from President Barack Obama.

New York has won five of its past six meetings against Dallas. The Giants also swept the season series in 2011, including a 31-14 victory to clinch the NFC East in the regular-season finale.

The rest of the 2012 slate, including dates and times, will be announced in late April. The Eagles are scheduled to host Dallas, Washington, New York, Atlanta, Carolina, Detroit, Baltimore, Cincinnati. Away games include Dallas, Washington, New York, New Orleans, Tampa Bay, Arizona, Cleveland, Pittburgh.

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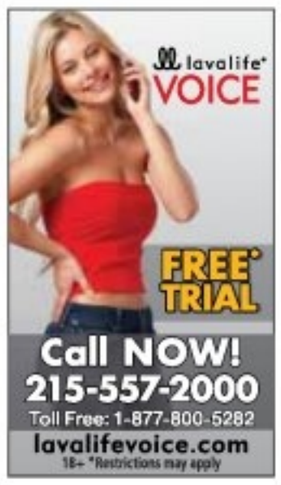

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POLKA DOT

▶ Tote your cleaning supplies in one carry-all, says Brown.

It's time for spring cleaning

Roll up your sleeves and get ready to attack months' worth of dust and grime Domestic darling Katie Brown shows us how to clean up our act at home

We talked shop with lifestyle expert Katie Brown **(www.katiebrown.com)** on how to tackle spring cleaning. "The first thing you gotta do is start with a good playlist so you can get your groove on," insists the TV host and DIY maven. See why we love her? More of her tips:

Clean before you clean: "You want to make sure you're starting with a tidy house," says Brown. "Spring cleaning shouldn't be about putting away your clothes or making your bed. I remember growing up we had a cleaning lady that would come over once a month, and my mom made us clean our rooms before. It used to drive me nuts, but I get it now. When you're doing the "big clean" it takes too much time to tidy up. This is the time you get deep into it and get to all the things that are driving you crazy, like getting your windows clean."

Strategize: Go worst room to best, advises Brown. "My kitchen is the hardest. So I start there in the beginning when I'm really pumped up. If I do the kitchen first, then I'm happy because I know I have it out of the way."

Spread the love: "Don't try and do it all in one day," stresses Brown. "Give yourself an hour after work each day. On Monday you're going to clean your kitchen. On Tuesday you're doing the bathroom, and so on. That way it's not too daunting."

Sweat the small stuff: "I always have a screwdriver with me so that once a year I can get those knobs that are falling off as I'm going through. Honestly, the more niggling things are the most satisfying to do. 'OK, I've been meaning to do that for the last three months and I finally did it because I'm right here.'"

TINA CHADHA
tina.chadha@metro.us

Supplies in check

Have your cleaning supplies in one carry-all that you can easily take from room to room. "I like to have a big bucket," says Brown. "And in that big bucket is where all the magic happens. I have everything in there I need from WD-40 to Emery boards to tape for my vacuum cleaner to magic erasers. It's all there ready to go."

The Macbeth Collection bucket, $60, www.themacbethcollection.com

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Get the film off your dishes

While you're spring cleaning, throw OxiClean's new Dishwasher Booster into your load, says Brown, the new face of OxiClean. It gets rid of the cloudy film caused by detergent. And if you "put a couple of squirts in the bottom of your dishwasher, it actually cleans the dishwasher too," she says. "Its an important ritual that people forget."

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STOCKBYTE

▶ Spring cleaning isn't about making your bed, it's about getting deep into it, says Brown.

Must-do during the big clean

1. Flip your mattress. "It airs it out."
2. Refresh the Arm & Hammer in your fridge.
3. Put cedar balls in your closet.
4. Clean out your spices. "A lot of people don't know this, but spices have a shelf life — and it's usually six months at the longest."
5. Change out your air-conditioning filters.
6. Polish your silver.
7. If you burn candles, get the wax drippings off your candle-holder. "The way to do this is put them in the freezer and then take them out and chip off the wax residue."
8. Take clothes to the cleaners, seamstress, etc.

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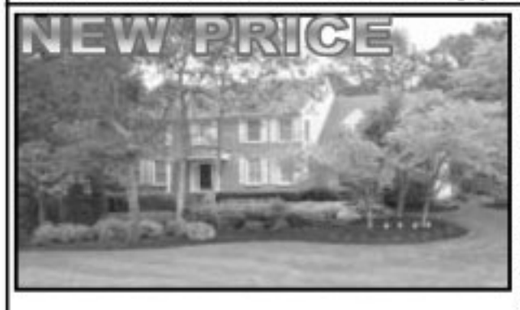

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